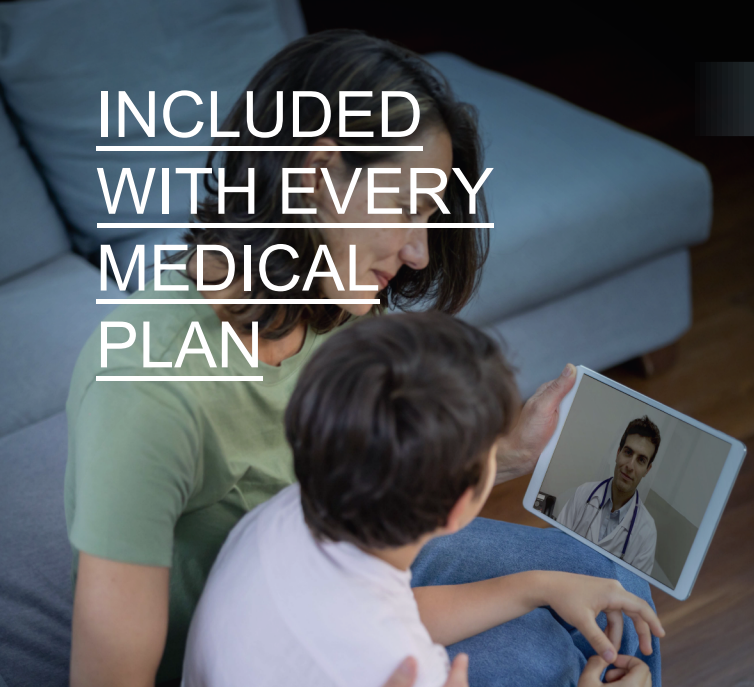


INCLUDED WITH EVERY MEDICAL PLAN

TELEHEALTH FOR YOU

UCM Digital Health All-Inclusive Virtual Healthcare Designed for You

24/7 access to convenient, affordable, high-quality care in the palm of your hands. All the care you need, when you want it.

UCM Digital Health's dedicated care team is ready to assist you every step of the way with immediate access to a healthcare provider and care coordination services at no extra cost.

EMERGENT CARE

On-demand emergent care covering hundreds of conditions from behavioral health, cardiology, dermatology, endocrinology, infectious disease, men's health, pain management, respiratory, women's health, and more:

- Prescriptions, lab orders, referrals and authorizations
- Care coordination and aftercare services for prescription refills and referral services
- Medical guidance, peer to peer clinical reviews and second opinion services

PRIMARY CARE

Scheduled medical services with a primary care provider of your choice for checkups, preventative care, screenings and ongoing continuity of care services:

- Annual wellness visits
- Chronic condition treatment and customized care plans
- Prescriptions, lab orders, referrals and authorizations
- Care coordination and aftercare services for prescription refills and referral services

BEHAVIORAL HEALTH

Unlimited one-on-one virtual counseling and continuity of care with a licensed provider of your choice for:

- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and/or PTSD
- Addiction



GET STARTED! SCAN THIS CODE TO DOWNLOAD OUR MOBILE APP

Request a consult by phone or online at 844-484-7362 or goseesam.com

Our team of healthcare providers will determine if your symptoms warrant a visit to the emergency department for immediate care. If you believe you are experiencing a life-threatening emergency call 9-1-1.